

the ritual begins...

menu.

deli.

Available all day.

Baked Curry Chicken Mango Sandwich 19
Curry-marinated boneless chicken leg, honey mango, lettuce, mayo, toasted sourdough

healthy bowls.

Available all day.

Ritual Acai Bowl 17
Acai, mixed berries, banana, soy milk, granola, almond flakes

Muesli Granola Bowl 14
Muesli, granola, milk, bananas, berries, yoghurt, chia seeds

breakfast.

Available till 3pm

The Ritual Big Breakfast (V)(GF) 25
Sourdough, eggs-of-your-choice, housemade bacon, lamb or pork sausage, tomato relish

Make it Vegetarian or Plant-Based!

Sourdough, eggs-of-your-choice or sauteed mushrooms, sauteed spinach, Impossible™ kofta, and baked tomato

Signature Avo Toast (VG)(GF) 19
Smashed avocado, in-house spices, sourdough toast, sous vide egg or sauteed mushrooms (v)
**change to scrambled eggs +2*

Truffle Scrambled Eggs and Smoked Salmon Toast (GF) 23
Scrambled eggs, truffle oil, black caviar, smoked salmon, sourdough toast

Steak and Eggs (GF) 25
200g grassfed striploin, sauteed mushrooms with scrambled eggs or sunnyside ups
Approx: 70g Protein | 60g Fats | 8g Carbs

Grandma Lee Chicken Congee 13
Slowcooked congee, diced soy sauce sous-vide chicken, scallions, egg and dough fritter

Madame's Truffled Egg Croissant 19
Scrambled eggs, truffle oil, emmental cheese, bechamel, croissant, black truffles

Housemade Swiss Rosti (V) 19
Grated potato, parmesan cheese, butter, made from scratch by our kitchen crew served with your choice of protein and kombu sour cream (15 minutes wait)

Choose your protein:

- Smoked Salmon
- Pork or Lamb Bratswurst +2
- Impossible™ Patty (V) +2

AMPLIFY YOUR BREAKFAST :

- | | | | |
|----------------------------|----|--------------------------------|----|
| • Eggs-of-your-choice | +4 | • Housemade Bacon | +7 |
| • Sauteed Baby Spinach (V) | +6 | • Bratwurst Sausage | +7 |
| • Sauteed Mushrooms (V) | +6 | • Impossible Patty (V) | +8 |
| • Smoked Salmon | +8 | • Smashed Avocados (V) | +7 |
| | | • Gluten Free Bread (2 slices) | +5 |

starters.

Available all day.

Tofu Tempe Fries (V) 12
Fried tofu and tempe fritters served with in-house dips
Approx: 24g Protein | 11g Fats | 12g Carbs

Mid Wings w/ Thai Sweet Chilli 13
In-house baked mid wings, sweet chilli glaze, garlic crumb

Truffle Kombu Fries (V) 15
Truffle, shoestring fries, kombu, parmesan

Taiwanese Chicken Bites 15
Marinated chicken thigh, homemade batter, spice seasoning
Approx: 55g Protein | 30g Fats | 20g Carbs

★ **Lobster Bisque** 15
Lobster bisque, milk foam, parsley oil

mains.

Available from 11am - closing

Spicy Chicken Arrabiata Penne (GF) 18
Spicy homemade tomato sauce, boneless chicken leg, penne, cheese
**gluten-free option available +2*

Truffle Mushroom Pasta (V)(GF) 21
Sliced truffles, mushrooms, cream, sous vide egg, penne
**gluten-free option available +2*

Signature Crabmeat Aglio Olio (GF) 23
Crab meat, penne, sundried tomatoes, olive oil, garlic, chilli
**gluten-free option available +2*

Make it Vegetarian or Plant-Based!

Impossible™ kofta, penne, kombu, lemon zest, olive oil, garlic, bird's eye chilli

Uncle Matt's Beef Bowl 25
Sous vide steak, truffle oyster dressing, sous vide egg, tsukemono, japanese rice

Ritual 'Butter Chicken' Cauliflower Rice (VG) 21
Homemade masala sauce, soy cream, vegan margarine, spices, 'Chicken' balls made from omni meats, cauliflower 'rice' - this dish is 100% Plant-based, dairy-free, keto-friendly

★ **Spicy Chicken Bulgogi Omu Rice** 21
gochuchang, scrambled eggs, sesame oil, honey, grated apple purée, onion purée, bay salt
Approx: 45g Protein | 25g Fats | 25g Carbs

Ritual Protein Bowl (VG)(GF) 25
Approx: 66g Protein | 26g Fats | 20g Carbs

Choose your base:

a) Quinoa Kale b) Mixed Salad

Choose your protein:

- Smoked Duck
- Boneless Chicken Leg 200g
- Pan-seared Salmon 200g
- Pan-seared Striploin Steak 200g
- Impossible™ Patty (V)

ADD EXTRAS : +5

- Smashed Avocados (V)
- Sauteed Baby Spinach (V)
- Sauteed Mushrooms (V)

★ **Barramundi w/ Homemade Sambal** 28
Housemade sambal, pan seared barramundi, sunny side up, calamansi, shallot, with choice of: japanese rice or turmeric cauliflower rice (keto-friendly)

★ Specials

(V) Vegetarian Option
(VG) Vegan Option
(GF) Gluten-Free Option

stay in touch via Instagram: @theritual.sg

*all prices are subjected to 9% GST & 10% service charge



the ritual begins...

waffles.

Available all day.

Belgium Chocolate & Berries <i>Buttermilk belgium waffle w/ chocolate gelato, berries compote</i>	15
Salted Caramel & Banana <i>Buttermilk belgium waffle w/ vanilla gelato, bananas</i>	15
Vanilla & Strawberries <i>Buttermilk belgium waffle w/ vanilla gelato, strawberries</i>	15
Smoked Salmon and Eggs <i>Buttermilk belgium waffle w/ smoked salmon and eggs</i>	22

custom orders

Available when you ask.

Bakes <i>Limited stocks in house, pre-order in advance for maximum freshness</i>	
• Classic Sourdough (500g / 1kg)	8 16

desserts.

Available all day.

Brownie and Gelato <i>Fudge brownie w/ chocolate or vanilla gelato</i>	12
Ritual Basque Cheesecake (GF) <i>Australian cream cheese, heavy cream, eggs, vanilla</i>	9
Homemade Classic Tiramisu <i>Mascarpone, espresso, rum, italian ladyfingers, cocoa</i> <i>Serves up to 2 pax</i>	18
Assorted Housemade Cakes <i>Check out display counter</i>	From 8

Caring For You – Through Little Rituals

Using the natural flavouring of herbs and spices, we create healthier recipes that retains its tastiness.

We use only Himalayan Salt, raw sugar and vegetable oils in most of our dishes. No MSG and preservatives.

We try to make everything from dips, sauces, pastries from scratch to ensure our guests get only the best.

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specialty coffee.

Available all day.

	H C
Babycino	3 -
Espresso / Piccolo	4 -
Long Black	5 6
Flat White / Cappucino / Latte	6 7
The Ritual Chai / Matcha Latte	6 7
Uji Matcha / Houjicha Latte	7 8
Organic Cocoa	6 7
Flavoured Latte	7 8
• Salted Caramel	
• Dark Chocolate Mocha	
• Mint Mojito	
• Hazelnut	

MODIFY YOUR COFFEE :

- Extra Shot +1
- Oat/Soy/Almond +1

cold brews.

Available all day.

Classic Black Beauty (Black Cold Brew)	7
White Potion (Cold Brew with Milk)	7.5
Oat One Out (Cold Brew with Oat Milk)	7.5
Rose & Honey (Rose Infused Cold Brew with Honey)	7.5

cold pressed juices.

Available all day.

Immunity	9
<i>Ginger, carrots, oranges, celery.</i>	
Detox	9
<i>Green apples, celery, cucumber, kale, and ginger</i>	
Energise	9
<i>Pineapple, pear, ginger, mint</i>	

specialty teas.

Available all day.

	H C
Red Milk Tea	8 7
Earl Grey Milk Tea	8 7
Honey Rose / Rose Milk Tea	8 7
Herbal Teas	8 -
• Organic German Camomile	
• Organic Peppermint	
• Organic Detox Blend	
• Organic Japanese Green Tea	
• Organic Lemon Ginger	

smoothies.

Available all day.

Banana Oats (V)	9
<i>Oats, oat milk, banana, ice</i>	
Wild Berry (V)	9
<i>Mixed berries, honey, oat milk, ice</i>	
Avocado (V)	9
<i>Avocado, oat milk, honey, ice</i>	
Banana Choco (V)	9
<i>Banana, cocoa, oat milk, honey, ice</i>	

MODIFY YOUR SMOOTHIE

- Protein Powder (30g) +2

fruit sodas

Available all day.

Yuzu Soda	7
Peach Soda	7
Lemonade	7

juices & artisan water.

Available all day.

Orange / Apple Juice	7.5
Sparkling Water (330ml)	7

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the ritual begins...

specialty wines.

Available all day.

Cloudy Bay Sauvignon Blanc 2018 15 | 70

Lifted aromas of ripe stonefruit and juicy citrus with underlying notes of blackcurrant leaf and tomato plant spice with zesty citrus flavours and fresh acidity.

Margaret River Cape Mentelle Shiraz 18 | 80
Australia

The palate is rich and juicy displaying satsuma plum and ripe black forest berry fruits of mulberry and blackberry overlaying cured charcuterie and smoked pink peppercorn.

craft beer.

Available all day.

Bottle

Erdinger Weissbrau Weissbier 14

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